The Savvy Survivalist

72-Hour Bug-Out Bag Checklist

Navigation ☐ Compass ☐ Waterproof map ☐ Signal mirror
Shelter □ Emergency bivvy □ Lightweight tarp
Fire-Starting □ Ferro rod □ Waterproof matches □ Tinder
Water ☐ Collapsible bottle ☐ Purification tablets ☐ Filter straw
Food ☐ Dehydrated meals ☐ High-calorie bars
First Aid ☐ Mini first-aid kit ☐ Tourniquet ☐ CPR mask
Tools □ Fixed-blade knife □ Multi-tool □ Paracord
Illumination ☐ Headlamp + spare batteries ☐ Glow sticks

Communication

☐ Emergency radio

□ Whistle

